



# PE Curriculum

Blackmore Primary School

	<p><b>Curriculum Intent</b></p> <p>At Blackmore Primary School we aim to provide an engaging and balanced curriculum which nurtures and embraces children's interests and potential.</p> <p>We inspire them to become life-long learners with the skills to prepare them for their futures.</p>	<p><b>Key resources</b></p> <p>Get Set 4 PE SSP/Fiona Arnold for competitions, sports festivals and team teaching Winger Sports - clubs</p>	 <p>Subject Leader Miss Owen</p>
<p>Our Place In Our World</p>	<ul style="list-style-type: none"> <li>• Broaden Horizons.</li> <li>• Explore Diversity</li> <li>• Positive Change</li> </ul>		
<p>Life Skills &amp; Attitudes</p>	<ul style="list-style-type: none"> <li>• Communication</li> <li>• Self-directed, engaged</li> <li>• Making Connections</li> </ul>		
<p>Ambition &amp; Possibilities</p>	<ul style="list-style-type: none"> <li>• Future Aspirations</li> <li>• Opportunities and Careers.</li> <li>• Everything Is Possible</li> </ul>		

Suggested monitoring schedule	Autumn	Spring	Summer
Drop ins	EYFS 1 2	3 4	5 6
Pupil perceptions		EYFS 1 2	3 4 5 6
Teacher voice	Ongoing - through staff meetings and questionnaires		

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Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE 1 Swimming	Fundamentals 1  Gymnastics	Fundamentals 2  Dance 1	Dance 2  Games 1	Swimming  Games 2	Swimming  Ball skills
Early learning goals	<ul style="list-style-type: none"> <li>Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>Demonstrate strength, balance and coordination when playing.</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> <li>Work and play cooperatively and take turns with others.</li> <li>Form positive attachments to adults and friendships with peers.</li> <li>Show sensitivity to their own and to others' needs.</li> </ul>					
Year 1	Swimming  Fundamentals	Ball skills  Gymnastics	Sending and receiving  Dance	Target Games  Invasion Games	Swimming  Athletics	Swimming  Net and Wall Games
Year 2	Swimming  Fundamentals	Balls Skills  Gymnastics	Sending and receiving  Dance	Striking and Fielding  Invasion Games	Swimming  Athletics	Swimming  Net and Wall Games
End of KS1:	By the end of KS1: Pupils should be taught to: <ul style="list-style-type: none"> <li>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</li> <li>participate in team games, developing simple tactics for attacking and defending</li> <li>perform dances using simple movement patterns</li> </ul>					
Year 3	Swimming	Dance	Gymnastics	Basketball	Swimming	Swimming

			Dodgeball	Cricket	Athletics	Football
	Fundamentals	Ball Skills				
Year 4	Swimming	Dance	Gymnastics	Handball	Swimming	Swimming
	Netball	Fitness	Yoga	Tennis	Athletics	Rounders
Year 5	Swimming	Dance	Gymnastics	Football	Swimming	Swimming
	Fitness	Basketball	Volleyball	Tennis	Athletics	Rounders
Year 6	Swimming	Dance	Gymnastics	Hockey	Swimming	Swimming
	Rugby	Badminton	Dodgeball	Cricket	Athletics	OAA
End of KS2	<p>By the end of KS2:  Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> </ul> <p>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>					
Swimming	<p>In particular, pupils should be taught to:</p> <ul style="list-style-type: none"> <li>♣ swim competently, confidently and proficiently over a distance of at least 25 metres</li> <li>♣ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</li> <li>♣ perform safe self-rescue in different water-based situations</li> </ul>					